

A.P.P.

Association for
Psychoanalytic
Psychotherapy in the
National Health Service

Annual Lecture 2020

Societal, institutional and interpersonal racism, and the implications for health care and psychotherapies

Speaker: **Professor Kamaldeep Bhui** CBE FRCPsych FRCP(E) FRSA PFHEA, Professor of Psychiatry, University of Oxford & Editor in Chief British Journal of Psychiatry

Chair: **Dr Jessica Yakeley**, FRCPsych FBPAS Director, Portman Clinic & Medical Education, Tavistock and Portman NHS Foundation Trust

Thursday 1st October – 7.30 to 9 pm via live link on registration
APP members Free; non-members [£15 click here to pay](#)

Recent events have exposed the issue of racism in society. NHS institutions, as well as many professional bodies, have felt this demanded a response. The historical legacy from racism continues to impact on health inequalities. Professor Sir Simon Wessely's recent Independent Review drew attention to the continued existence of unconscious bias, and structural and institutional racism in NHS mental health services today. It should not be a surprise that these issues manifest themselves also in our own discipline of psychoanalytic psychotherapy. What new strategies are needed across psychoanalytic psychotherapy organisations to initiate institutional and structural change, and how should our training courses prepare trainees to be aware of unconscious bias in NHS settings? How can our training courses and professional societies recruit and promote more people from BAME backgrounds?

APP's Primary Care Section will follow up this year's annual lecture with what we hope will be the first of a series of workshops and events on the theme of racism responding to Kam Bhui's call to action. On **7th November Diana Bass**, who is a psychoanalytic psychotherapist (BPF & BPC), will discuss her research with doctors and medical trainees from Black and Minority Ethnic backgrounds. (Details to follow)